



## Recreational and Social Resources for Families



### **Bowling**

Where: Summit Lanes

What: Free Wheelers Bowling every Saturday 3 pm – 5 pm (except 2<sup>nd</sup>) .50 cents a game

Contact: Linda Moore 517-787-0426

### **Child's Buffalo Ranch**

Where: 12770 Round tree Road Hanover MI 49241

What: Buffalo Ranch and Horseback riding, accessible

Who: :Contact: 517-563-8569

<http://www.horsesandbuffalo.com/>

### **Community Dance**

Where: Townsend School

What: Dance's sponsored by the Cascades Civitan Club 2<sup>nd</sup> Saturdays from September to May

Contact: Linda Moore 517-787-0426

<http://www.civitan.org/michigan/index.html>

### **Dahlem Center**

Where: 7117 S Jackson Jackson MI 49201

What: A half mile special needs trail designed for all to enjoy the outdoors, regardless of age or ability

Contact: 517-782-3453

<http://www.dahlemcenter.org>

### **disAbility Connections**

Where: 409 Linden Jackson MI

What: PERC, Toy Lending Library, Tech Lab, Helping Friends Together, TNT, Game Day

Contact: 517-782-6054

<http://www.disabilityconnect.org>

### **Fun 4 All Kids**

Where: 5775 Ann Arbor Rd Jackson MI

What: Indoor play area

Contact: 517-748-9420

<http://fun4allkids.net>

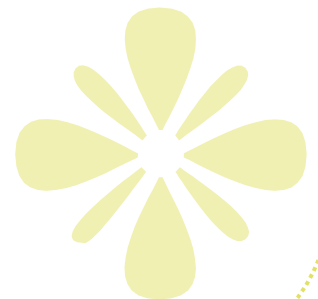
### **Game Day**

Where: 204 Linden, some occasional off site days

What: An opportunity for fun, games, craft and socialization

Contact: Brenda Boban 782-6054 ext. 444

[www.disabilityconnect.org](http://www.disabilityconnect.org)





### Helping Friends

Where: 409 Linden Jackson MI

What: People with disabilities getting together for support and socialization. Include outing such as bowling, and an annual fishing trip.

Where: 409 Linden Jackson Mi

Contact: Ed Fillmore 517-782-6054 ext. 236

<http://www.disabilityconnect.org>

### Hidden Lake Gardens

Where: 6214 W. Monroe Road (M50) Tipton, Michigan 49287

What: The gardens offer beautiful scenery including the lake and pond, natural woodlands, and open fields that are accessible via hiking trails and paved auto roads. Contact: 517 - 431 - 2060

<http://hiddenlakegardens.msu.edu/>

### Jackson County District Library

Where: 13 Locations across Jackson County

What: The mission of the Jackson District Library is to provide Jackson County residents with high quality library services to meet the needs for educational, cultural, and recreational information, to promote literacy, and to foster a love of reading.

Contact: 517-788-4087

<http://www.jackson.lib.mi.us/Locations>

### Jackson County Parks and Recreation

Where: 15 Public Parks across Jackson

What: The Jackson County Parks Department offers a steady array of athletic and sporting events, outdoor adventures, therapeutic recreation, special programs for senior adults, teens, and families and annual cultural events and holiday festivities.

Contact:

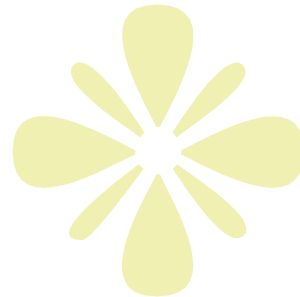
<http://www.co.jackson.mi.us/parks/>

### Jackson 10

Where: 1501 N Wisner St Jackson MI

What: Movie Theater

Contact: 517-782-8463



### Make it Yours

Where: 1079 N Wisner Jackson MI

What: Paint your own pottery from simple to complex that is adaptable to each individuals ability

Contact: Peggy Hill (who is also an Occupational Therapist) at 517-990-6799

<http://www.makeityoursonline.net/>

### Monday Morning Exercise

Where: 409 Linden Jackson MI

What: Light chair exercises, muscle movement and stretching

Contact: Ed Fillmore 517-782-6054 ext. 236

[www.disabilityconnect.org](http://www.disabilityconnect.org)

### Plaza Cinemas

Where: 1700 N Wisner St Jackson MI

What: Free admission for quest s with disabilities.

Contact: 517-784-7731





### Special Olympics Area 19

Where: 1708 South Jackson (activities at various locations)

What: Beginning in March State Summer Games including athletics, aquatics, bocce, bowling, team handball, horse shoes, rhythmic gymnastics, power lifting and volleyball.

Contact: Sherry Bissell 517-783-5311 or 517-563-8279 email: [somi19ad@frontiernet.net](mailto:somi19ad@frontiernet.net)

[www.somi.org](http://www.somi.org)

### TNT

Where: Various locations around Jackson, 409 Linden Jackson MI

What: Support, social, recreational and advocacy group for teens with disabilities

Contact: Holly Peterson 517-782-6054 ext 223

[www.disabilityconnect.org](http://www.disabilityconnect.org)

### YMCA

Where: 127 W Wesley Jackson MI

What: Physical fitness and swimming

Contact: 517-782-0537

[www.jacksonymca.org](http://www.jacksonymca.org)



## Community Resources

### 2-1-1 (Community Information)

Where: Serving Clinton, Eaton, Hillsdale, Ingham, Lenawee and Jackson County

What: Basic Human Needs Resources, Physical and Mental Health Resources, Employment Supports, Support for Older Americans and Persons with Disabilities, Support for Children, Youth and Families

Contact: 211

<http://www.centralmichigan211.org/>

### ARC Michigan

Where: 1325 South Washington Ave., Lansing, Michigan

What: The Arc Michigan exists to empower local chapters of The Arc to assure that citizens with developmental disabilities are valued and that they and their families can participate fully in and contribute to the life of their community.

Contact: (800) 292-7851

<http://www.arcmi.org>

### AWARE

Where: 706 W Michigan Ave Jackson, MI

What: Emergency Shelter, Meals for Residents, Furniture or Vouchers, Child Care, Case Management. Referrals, Hotel/Motel or Vouchers, Domestic Violence Counseling

Contact: 517-783-2861

### Baker College

Where: 2800 Springport Road Jackson, MI

What: Baker is a *career* college, with one mission: to provide you job specific training so you can enter a more personally rewarding career right out of college.

Contact: 517-788-7800

<http://www.baker.edu/>





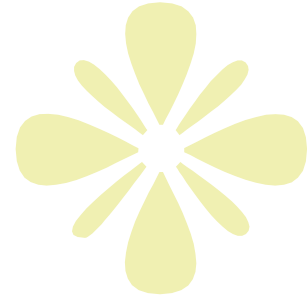
### **Catholic Charities**

Where: 1522 Joy Avenue, Jackson MI

What: Counseling programs include specialized services for survivors of childhood sexual abuse, treatment of perpetrators of sexual abuse, aggression interventions for men & women and services to children experiencing domestic violence

Contact: 517-782-2551

[http://www.mhweb.org/michigan/css\\_jackson.htm](http://www.mhweb.org/michigan/css_jackson.htm)



### **Center for Family Health Inc**

Where: 2200 Springport Road Jackson, MI

What: Pediatrics, Family Practice/Internal Medicine

Contact: 517-784-9356

<http://www.centerforfamilyhealth.org/>

### **Center for Family Health Teen Health Center at Parkside**

Where: 2400 Fourth Street Jackson, MI

What: Immunizations, Physicals/Well check ups, Sick visits, Risk assessments, health education, counseling services, crisis intervention, Medicaid outreach & enrollment, dental services

Contact: 517-788-6812

<http://www.centerforfamilyhealth.org/services/school%5Fhealth/>

### **CAUSE**

What: Citizens Alliance to Uphold Special Education

Where: 5668 N. Okemos Road East Lansing MI

Contact: (800) 221-9105

<http://www.causeonline.org/>

### **Community Action Agency**

Where: 1214 Greenwood Ave. Jackson, MI

What: Community Action Agency programs and services help people help themselves. It is our mission to promote self-sufficiency in individuals and in our surrounding communities.

Contact: 517-784-4800

<http://caajlh.org/counties.html>

### **DHS**

What: Department of Human Services- food stamps, protective services, Medicaid, childcare assistance

Where: Jackson County DHS 301 E. Louis Glick Hwy. Jackson MI

Contact: 517-780-7400

[http://www.michigan.gov/dhs/1,1607,7-124-5461\\_7386\\_10172---,00.html](http://www.michigan.gov/dhs/1,1607,7-124-5461_7386_10172---,00.html)

### **Dove Health Alliance**

What: Providing affordable counseling and educational services based on the Whole-Person concept of body, mind and spirit through professionals committed to Christ.

Where: 1188 N. West Ave Jackson MI

Contact: 517-783-5334

<http://www.dovehealthalliance.net/>

### **Family Service and Children's Aid**

What: To strengthen the emotional health & functioning of children, adults, and families through counseling, education, adoption, advocacy, & program development.

Where: 330 West Michigan Jackson MI

Contact: 517-787-7920

<http://www.strong-families.org/mission.htm>





### **Goodwill**

What: TO help individuals with barriers to employment experience the Power of Work by providing training, support services, and career opportunities.

Where: 617 N. Mechanic St. Jackson MI

Contact: 517-787-0570

<http://www.goodwillcmh.org/>

### **Jackson Community College Center for Student Success**

What: The Center for Student Success provides [tutoring](#), a drop-in lab staffed by professional and peer tutors, and computer-aided instruction, We also provide learning support and financial assistance for [Special Population Students](#), and [accommodation services](#) for students with special needs. [Social Work Services](#), confidential, FREE counseling for JCC students.

Where: Bert Walker Hall Room 123 JCC Campus

Contact: 517-796-8415

<http://www.jackson.cc.mi.us/success/>

### **Jackson County Health Department**

What: Environmental Health Services, Health Education Services, Community Health, Clinical Services

Where: 1715 Lansing Ave Suite 221 Jackson MI

Contact: 517-788-4420

<http://www.co.jackson.mi.us/HD/Survey.htm>

### **Jackson County ISD**

What: The Jackson County Intermediate School District is an educational service agency chartered by the State of Michigan to work in collaboration with local public school districts and charter schools. The mission is focused on improving student success in Jackson County, by improving the quality of education in Jackson County, making it more cost-efficient, and helping students, parents, educators and community members get the most out of public education.

Where: 6700 Browns Lake Road Jackson MI

Contact: 517-768-5200

<http://jacksoncisd.schoolwires.com/jacksoncisd/site/default.asp>

### **Jackson Affordable Housing Corporation**

What: JAHC was established for the purpose of combining and coordinating available resources to provide acquisition and rehabilitation financing for low to moderate income families in the city of Jackson.

Where: 161 W Michigan 6<sup>th</sup> Floor Jackson MI

Contact: 517-787-9241

<http://www.jacksonaffordablehousing.org>

### **Jackson Transportation Authority**

What: JTA provides many special and packaged services including curb-to-curb transportation services for Jackson County residents to and from work, school, medical appointments, and shopping.

Where: 2350 East High Street Jackson MI

Contact: 517-787-8363

<http://74.94.225.27/index.asp>

### **Legal Services of South Central Michigan**

What: Legal Services of South Central Michigan (LSSCM) is a private non-profit organization that provides free legal advice and representation to low-income persons and senior citizens (regardless of income) in certain civil legal cases.

Where: 180 W Michigan 800 Harris Building Jackson MI

Contact: 517-787-6111

<http://www.lsscm.org>





### **LIFEWAYS**

Where: 1200 N West Ave Jackson MI

What: LifeWays is an organization that manages the behavioral health treatment and services for Jackson and Hillsdale County residents who meet requirements for eligibility.

Contact: 517-789-1200

<http://www.lifewaysmco.com>

### **LifeSpan**

What: To assist persons in achieving and maintaining their personal goals and individual growth in residential living.

Where: 524 N. Jackson St. Jackson, MI

Contact: 517-784-4426

<http://lifespans.com>

### **Lutheran Social Services**

What: An action-oriented organization committed to creating communities of service that meet the needs of people, upholding human dignity, advocating equality and justice.

Where: 209 E Washington #284 Jackson MI

Contact: 517-789-6444

<http://www.lssm.org>

### **MI Child**

What: MIChild is a health insurance program. It is for uninsured children of Michigan's working families. MIChild services are provided by many HMOs and other health care plans throughout Michigan.

Where: 1715 Lansing Ave., Suite 221 Jackson MI

Contact: (888) 988-6300

[http://www.michigan.gov/mdch/1,1607,7-132-2943\\_4845\\_4931---,00.html](http://www.michigan.gov/mdch/1,1607,7-132-2943_4845_4931---,00.html)

### **Michigan Protection & Advocacy**

What: Our goal is to advance the dignity, equality, self-determination, and expressed choices of individuals. Michigan Protection and Advocacy Service, Inc. (MPAS) promotes, expands and protects the human and legal rights of people by providing them with information and advocacy.

Where: 4095 Legacy Parkway Suite 500 Lansing MI

Contact: (800) 288-5923

<http://www.mpas.org/HomePage.asp?btnMPASHome.x=26&btnMPASHome.y=9>

### **Michigan Rehabilitation Services**

What: The mission of Michigan Rehabilitation Services is to assist individuals with disabilities into employment and self-sufficiency.

Where: 209 East Washington Suite 200 Jackson MI

Contact: 517-780-7450

<http://www.michigan.gov/mdcd/0,1607,7-122-25392---,00.html>

### **Michigan Works**

What: The mission of the Michigan Works! Association is to provide leadership and services, and promote quality and excellence for the advancement of Michigan's workforce development system and its customers and professionals.

Where: 209 E. Washington St. Suite 100 Jackson MI

<http://www.michiganworks.org/>





### **Parent Education & Resource Center**

What: The Parent Education & Resource Center is a family planned project creating links to other families and peers. Providing connections through local community organizations and programs including disAbility Connections, Family Support Network, Children's Special Health Care Services, Early On, PAC & ISD, Support Groups, Ramp Project, Respite Services, Equipment Repair & Purchase, Social/Recreational Activities, Helping Friends Together Club, Camp Scholarships, the world through the Internet...and more!

Where: 409 Linden Ave

Contact: Holly at 517-782-6054

<http://www.disabilityconnect.org/perc/index.html>

### **Runaway Assistance Program**

Contact:(800) 292-4517

### **Saint Vincent DePaul**

What: The society of [St. Vincent de Paul](#) is a non-profit Christian organization. The proceeds from our stores as well as [donations](#) received from the community benefit the needy people of Jackson County.

Where: 3 Locations in Jackson 1509 E Michigan, 1812 Spring Arbor Rd, 908 18<sup>th</sup> St

Contact: 517-784-0609

<http://www.svdpjackson.com/index.html>

### **Salvation Army**

Contact: 517-782-7185

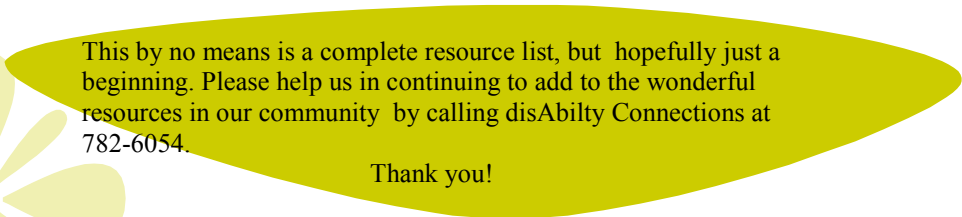
### **Social Security Administration**

What: The Social Security Administration's mission is to advance the economic security of the nation's people through compassionate and vigilant leadership in shaping and managing America's Social Security programs.

Where: 234 LOUIS GLICK HWY Suite 200 Jackson MI

Contact: (800)772-1213

<http://www.socialsecurity.gov/>



This by no means is a complete resource list, but hopefully just a beginning. Please help us in continuing to add to the wonderful resources in our community by calling disAbility Connections at 782-6054.

Thank you!

